

## Recreation Commission Discusses Gumbert Park

WESTFIELD — The Westfield Recreation Commission will be discussing plans to construct a restroom/storage building at Gumbert Park at its regular monthly public meeting on Monday, November 1, at 8 p.m. in the Recreation Conference Room of the Municipal Building.

For the past several months, the Commission, along with the Town of Westfield and the Westfield Baseball League, have been working on plans to provide a building within the confines of Gumbert Park to provide services to the users of the park and assist with improved maintenance of the facility.

This cooperative effort has resulted in plans to construct a low-impact building that would house restroom facilities and storage space with the possibility of a future concession area.

The Commission, representatives of the Westfield Baseball League and Thomas DiGiorgio, architect of the building, will be on hand to provide detailed information and answer questions.

Copies of the building plan may be obtained at the Recreation Office in the Municipal Building.

For further information, please call the recreation office at (908) 789-4080.



WELCOME...Karin Dreixler, Vice President of the Fanwood-Scotch Plains Rotary Club, left, welcomes newly-inducted members Geri M. Samuel, the Mayor of Scotch Plains, and attorney David Wendel of Fanwood.

## Mayor Samuel, Mr. Wendel Inducted into Rotary Club

SCOTCH PLAINS — Mayor Geri M. Samuel of Scotch Plains and David Wendel of Fanwood were recently inducted into the Fanwood-Scotch Plains Rotary Club. The new inductees were welcomed by Club Vice President Karin Dreixler.

Mrs. Samuel has served in many positions for the Jewish Federation of Central New Jersey in fundraising and leadership capacities. She and her husband, Richard Samuel, have two children, Matthew and Ryan.

Mr. Wendel is an attorney specializing in civil litigation. He and his

wife, Michel, have two children, Jennifer and Jason.

Rotary is a service organization of business and professional men and women who conduct humanitarian projects, encourage high ethical standards in all vocations and work toward world understanding and peace.

For membership information, please call Rotary Club President Andy Calamaras at (908) 322-2350.

The Fanwood-Scotch Plains Rotary Club meets on Wednesdays at noon at the Park Place Restaurant in Scotch Plains.

## Program for Caregivers Slated for November 6

BERKELEY HEIGHTS — In recognition of November as National Caregivers' Month, a "You Deserve a Break" free program will be held on Saturday, November 6, from 9:30 a.m. to 3 p.m. at SAGE's Adult Day Health Center at 550 Springfield Avenue in Berkeley Heights.

Highlights of the day's activities for caregivers include a healthy snack upon arrival, manicures, chair massages, mini-facials and makeovers, workshops on meditation, yoga, stress reduction and nutritional habits, a catered buffet lunch and a chance to win door prizes.

In addition, motivational speaker Mikki Williams will lecture from 10 to

11:30 a.m.

Sponsored The Overlook Hospital Foundation, the event is being presented by SAGE. SAGE is a private, nonprofit organization that serves as a community resource for eldercare.

For more information and to make reservations, please call Ellen McNally at SAGE InfoCare at (908) 273-4598.

## Westfield Old Guard Lists Programs for November

WESTFIELD — The Old Guard of Westfield, an organization that provides activities, information and entertainment programs and fellowship for retired and semi-retired men, has announced its programs for Thursdays in November:

- November 4 — "History and Highlights of the Merchant Marines" will be presented by Old Guard member Hilliard Getchis.

- November 11 — "Sports Memorabilia and Collectibles" will be discussed by Joseph Gibilisco

- November 18 — "Desert Wonders of the Southwest" will be presented by Louise Freidman.

- November 25 — There will be no meeting on Thanksgiving Day.

The Old Guard of Westfield, founded in 1933, meets every Thursday at 10 a.m. in the Westfield Y, located at 220 Clark Street in Westfield.

The Westfield chapter also serves Scotch Plains, Fanwood, Mountainside, Cranford, Clark, Roselle, Roselle Park, Kenilworth, Springfield, Garwood and Rahway.

Weekly meetings feature guest speakers, films and other interesting programs in addition to committee updates.

There are also regular group activities such as golf, bowling, bridge, day trips, luncheons, ladies' events,

the Merryman (a chorus group that performs regularly at charity functions, public gatherings and formal concerts) and shuffleboard.

For further information, please call Don Finter at (908) 233-1407.

## Line Dancing and Trips Set by Rec. Department

SCOTCH PLAINS — Chris Malkmus will conduct Senior Line Dancing classes sponsored by the Scotch Plains Recreation Department on Wednesday mornings from 10 to 11 a.m., beginning on November 3 and continuing until December 8.

To register, please contact the Recreation Office, Room No. 113, 430 Park Avenue, Scotch Plains or call (908) 322-6700.

All classes will be conducted in the Towne House, Green Forest Park, off Westfield Road, Scotch Plains. A nominal fee of \$10 for residents and \$15 for non-residents will be charged.

The Recreation Department will also sponsor a trip to the discount outlets in Reading, Pa. on Monday, November 8. The bus will leave Green Forest Park at 8:30 a.m.

A fee of \$7 includes a food coupon good at the various food courts. For more information, please call (908) 322-6700.



FUTURE LEADERS...Five students from Westfield High School recently attended the 1999 Student Leadership Day at the Cranford campus at Union County College, sponsored by Congressman Bob Franks. Pictured, left to right, are: Valerie Wicks, Derek Lartaud, Michael Todd, Brent Bramnick and Randi Siegel.

## Local Students Participate In Annual Leadership Day

WESTFIELD — Five Westfield High School students recently represented their school at the 1999 Student Leadership Day at the Cranford campus of Union County College.

Seniors Derek Lartaud, Michael Todd and Valerie Wicks, along with juniors Brent Bramnick and Randi Siegel, attended the day-long program, which is sponsored annually by Congressman Bob Franks.

This year's participants, who have taken courses in Law and United States Government and Politics at the high school, were selected by Dr. Maria Schmidt, Social Studies Department Chairwoman.

After viewing a videotaped welcome by Congressman Franks, the five high school students attended presentations by representatives of various governmental agencies and departments, including the Attorney General's office, the armed forces, the National Transportation Safety Board and the Bureau of Alcohol, Tobacco and Firearms.

Brent and Randi, who currently hold leadership positions at their school as

Student Council Vice-President and Corresponding Secretary, respectively, felt that the program was useful in clarifying job descriptions in various agencies within the federal government.

"The Student Leadership Program is a great way for someone who is interested in a career in government to have a first hand look at the process," concurred Dr. Schmidt.

## Nicole's Yoga Center Announces Classes For Winter Session

WESTFIELD — Nicole's Yoga Center, 94 North Avenue in Garwood, will begin the winter program session the week of Monday, November 8.

The following classes will be offered: Sitting Breathing; Heart and Back; Restorative and Meditation.

The Yoga Center will be open for information and registration on Mondays, November 1 and 8, from 4 to 7 p.m.; Thursday, November 4, from 2 to 5 p.m. and Saturday, November 6, from 1 to 4 p.m. A free trial class is available by appointment only.

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